

BELLE VUE RACERS
CHAMPIONSHIP RESULT SHEET
Spring & Summer 2009
Bispham 10 Mile Road Race on Sunday 23rd August, 2009

Name	Time	Age	WST	Age %	PB	Club Member	Age Related	TOTAL
						You Beat	Points	
Phil D'Netto	75.45	41	46.52	61.87		15	14	29
Tom Snaith	77.08	45	48.23	62.73		14	15	29
Cecilia Boodhoo	88.53	48	55.25	62.35		15	15	30
Maxine Grimshaw	98.51	48	55.25	56.06		14	14	28

Mins	Secs	Time in Secs	Age%
75	45	4545.00	61.87
77	8	4628.00	62.73
88	53	5333.00	62.35
98	51	5931.00	56.06

WST = World Standard Running Times for each runner's age
 Breezy on the front - no hills!

WST

2812	46.87	46	52
2903	48.38	48	23
3325	55.42	55	25
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