

**BELLE VUE RACERS
CHAMPIONSHIP RESULT SHEET
Spring & Summer 2010
Sportcity 1 Mile Time Trial Thursday 4th June, 2010**

Name	Time	Age	WST	Age %	PB	Club Member	Age Related	TOTAL
						You Beat	Points	
Laurie Lane	5.37.07	28	3.42.62	66.05		15	11	26
Steve Bunyan	5.37.86	38	3.52.07	68.69		14	12	26
Nigel Sedman	5.38.76	45	4.04.64	72.22	20	13	15	48
Tom Everson	5.39.39	27	3.42.60	65.59		12	9	21
Jamie Cook	5.40.69	28	3.42.62	65.34		11	8	19
Jon Sargeant	5.44.20	47	4.08.49	72.19	20	10	14	44
Phil D'Netto	5.55.82	41	3.57.31	66.02		9	10	19
Neil Graffin	5.59.44	26	3.42.60	61.93		8	7	15
Frank Rogers	6.17.55	37	3.50.39	61.02		7	4	11
Barry Guy	6.18.61	58	4.31.99	71.84	10	6	13	29
Tommy Vernon	6.37.17	44	4.02.77	61.12		5	5	10
Darren Theakstone	6.40.41	29	3.42.80	55.64		4	1	5
Paul Jordan	6.43.94	47	4.08.49	61.52		3	6	9
Jonathan Ford	7.14.65	46	4.06.57	56.73		2	2	4
Kevin Egerton	7.32.81	57	4.29.69	59.56		1	3	4

Mins	Secs	Time in Secs	Age%
5.00	37.07	337.07	66.05
5.00	37.86	337.86	68.69
5.00	38.76	338.76	72.22
5.00	39.39	339.39	65.59
5.00	40.69	340.69	65.34
5.00	44.20	344.20	72.19
5.00	59.44	359.44	66.02
5.00	59.44	359.44	61.93
6.00	17.55	377.55	61.02
6.00	18.61	378.61	71.84
6.00	37.17	397.17	61.12
6.00	40.41	400.41	55.64
6.00	43.94	403.94	61.52
7.00	14.65	434.65	56.73
7.00	32.81	452.81	59.56

Greg (Guest)	5.42.74							
Sergio (Guest)	6.01.62							
David Hughes (Guest)	6.55.77							

WST = World Standard Running Times for each runner's age
PB = Personal Best against same race last year

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Name	Time	Age	WST	Age %	PB	Club Member	Age Related	TOTAL
						You Beat	Points	
Alison Sedman	5.54.70	45	4.41.09	79.25	20	15	15	50
Kath Horwill	6.45.20	35	4.16.03	63.19	20	14	11	45
Annie Hirsch	6.48.66	54	5.14.97	77.07	20	13	14	47
Cecilia Boodhoo	7.11.68	49	4.55.20	68.38		12	13	25
Julia Foy	7.13.42	40	4.25.71	61.31	20	11	10	41
Toni Bradley	7.24.11	30	4.11.88	56.72		10	9	19
Ann Webster	7.34.10	51	5.02.80	66.68	20	9	12	41
Philippa Lane	7.40.79	29	4.11.65	54.61		8	8	16

Mins	Secs	Time in Secs	Age%
5.00	54.70	354.70	79.25
6.00	45.20	405.20	63.19
6.00	48.66	408.66	77.07
7.00	11.68	431.68	68.38
7.00	13.42	433.42	61.31
7.00	24.11	444.11	56.72
7.00	34.10	454.10	66.68
7.00	40.79	460.79	54.61

Kate (Guest)	8.05.31							
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WST

222.62	3.71	3	42.62
232.07	3.87	3	52.07
244.64	4.08	4	4.64
222.60	3.71	3	42.6
222.62	3.71	3	42.62
248.49	4.14	4	8.49
237.31	3.96	3	57.31
222.60	3.71	3	42.6
230.39	3.84	3	50.39
271.99	4.53	4	31.99
242.77	4.05	4	2.77
222.80	3.71	3	42.8
248.49	4.14	4	8.49
246.57	4.11	4	6.57
269.69	4.49	4	29.69

WST

281.09	4.68	4	41.09
256.03	4.27	4	16.03
314.97	5.25	5	14.97
295.20	4.92	4	55.2
265.71	4.43	4	25.71
251.88	4.2	4	11.88
302.80	5.05	5	2.8
251.65	4.19	4	11.65