

**Spring & Summer 2010 Championship - Men**

(Greyed out = dropped from total as best 7 plus 12 min test to count)

Name	Wilm 1/2 Marathon	Salf 10k	Gin Pit Trail	Rad 10k MT	Sale 5k	5000 TT	Freck 1/2 Marathon	Rochdale 10k	1 Mile TT	Blk Knight Trail	Royton 5.5 Trail	Sadd 6 mile	Bispham 10mile	12min	Total
Phil D'Netto	23	24	26	27											100
Jon Sargeant	30	50													80
Barry Guy		23	25	25											73
Dave Okopochini	35			29											64
Tommy Vernon	18	22	23												63
Kevin Egerton			40	19											59
Nigel Sedman	27	28													55
Tom Snaith			26	25											51
Lee Mills	43														43
Frank Rogers	19			20											39
James Corrigan			30												30
Tom Everson	27														27
David Furey		23													23
Andy Roberts				23											23
Neil Graffin	16														16
<b>Also Competed</b>															
Steve Bunyan															0
Tony Houghton															0
Steve Webb															0
Brian Roberts															0
Steve West															0
Anthony Preston															0
Bobby Jones															0
Chris Yianni															0
Jonathan Ford															0
Jon Quigley															0
James Amin															0
Alan Thomas															0
Julian Lockett															0

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